



## School Food & Nutrition Services

### Helpful information about the School Meals Program:

- The District participates in the National School Lunch and School Breakfast Programs allowing families the opportunity to apply for free and reduced price meal benefits. Applications must be completed each school year. Applications can be completed online by visiting your student's school website; under Quick Links, select "Free and Reduced Meal Application". Paper applications are also available in the school office or can be downloaded and printed on the website.
- The Department of School Food and Nutrition Services is dedicated to offering students healthy, well-balanced meals. A breakfast meal contains a minimum of two food groups and a maximum of four. Students must select a fruit or vegetable. A lunch meal contains a minimum of three food groups and a maximum of five. Students must select a fruit or vegetable.
- The District uses a computerized accounting system in the cafeterias. Our system assigns a 5 digit code to each student when they register at a school. The code should be kept confidential. A student's code does not change. They will have the same code while attending any school in the Mehlville School District. After going through the meal line, students enter their code on a key pad which pulls up their meal account.
- Funds can be deposited into meal accounts online. MySchoolBucks (MSB) is the District's online student meal account management system. MSB provides a quick and easy way to add money to your student's meal account using a credit/debit card or electronic check. On your MSB account, you can view recent purchases, check account balances, and set-up low balance alerts for FREE! Visit [www.MySchoolBucks.com](http://www.MySchoolBucks.com) to register for a free account. To create an account, all you need is your student(s) school and birth date. Funds for student meal accounts can also be sent to school. Place cash or a check made out to the Mehlville School District to school in a sealed envelope with your student's name and "meal account funds" on the front.
- Several schools offer a la carte items not included with the meal. Bottled water, cookies, chips, extra milk/juice, extra entrees are an additional cost. To purchase a la carte items, students must have adequate funds in their account.
- Student meal accounts can be blocked from making purchases (meals and/or a la carte). A daily spending limit can also be placed on an account. To place restrictions on a student's meal account, contact the school's café manager or the School Food & Nutrition Office at (314) 467-5250.

